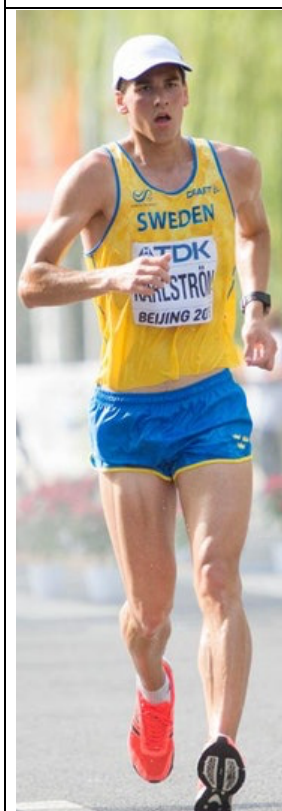


KARLSTRÖM PERSEUS

02 - 05 - 1990



Personal Best

5.000 mt.	(indoor)	18:56.87	Eskilstuna (Swe)	17.04.2016
5.000 mt.	(track)	18:32.56	Melbourne (Aus)	08.03.2019
10.000 mt.	(track)	38:03.95	Stockholm (Swe)	24.08.2019
10 km.	(road)	39:39	Göteborg (Swe)	05.08.2020
20.000 mt.	(track)	1:25:41.40	Göteborg (Swe)	09.08.2015
20 km.	(road)	1:18:07	La Coruña (Esp)	08.06.2019
35 km.	(road)	2:31:54	Dublin (Irl)	19.12.2021
50 km.	(road)	3:44:35	Melbourne (Aus)	17.12.2017

Ranking 10.000 Mt. track

(average = 38:58.81)

01	38:03.95	Stockholm	24.08.2019
02	38:09.28	Tampere	01.09.2018
03	38:50.90	Melbourne	12.01.2020
04	38:52.76	Canberra	09.01.2019
05	38:57.45	Stockholm	02.09.2017
06	39:18.60	Helsinki	30.08.2014
07	39:19.50	Göteborg	08.08.2015
08	39:20.81	Canberra	28.01.2019
09	39:22.41	Canberra	14.01.2018
10	39:32.63	Stockholm	04.09.2021

Ranking 20 km.

(average = 1:19:26)

01	1:18:07	La Coruña	08.06.2019
02	1:18:45	Murcia	14.03.2021
03	1:18:54	Poděbrady	16.05.2021
04	1:19:11	Poděbrady	09.04.2016
05	1:19:34	Kobe	16.02.2020
06	1:19:43	Poděbrady	10.10.2020
07	1:19:44	La Coruña	06.08.2021
08	1:19:54	Alytus	19.05.2019
09	1:20:05	Adelaide	10.02.2019
10	1:20:20	La Coruña	03.06.2017

Career Highlights

20 km.

Olympic Games	World Championships	World Cup	European Championships	European Cup	University Games
2016 = Dnf. 2021 = 9°	2013 = 38° 2015 = Dnf. 2017 = 37° 2019 = 3°	2010 = 42° 2012 = 56°	2014 = 17° 2018 = 20°	2011 = Dnf. 2013 = Dnf. 2015 = 8° 2017 = 3° 2019 = 1° 2021 = 1°	2013 = 20°
20 km.	50 km.	10 km. / 10.000 Mt.			
European Ch. Under 23	World Cup	World Champ. Under 20	European Ch. Under 20	European Cup Under 20	World Champ. under 18
2011 = Dnf.	2016 = Dnf. 2018 = 8°	2008 = 30°	2009 = 9°	2009 = 20°	2007 = 24°

* update at 31 december 2021





OTHERS RESULTS 20 KM. < 1:30:00

11	1:20:30	Adelaide	11.02.2018	30	1:24:41	Monterrey	17.06.2017
12	1:20:40	Poděbrady	21.05.2017	31	1:24:55	Tukums	21.09.2013
13	1:20:58	Alytus	18.09.2020	32	1:25:13	Chihuahua	07.03.2015
14	1:21:03	Adelaide	21.02.2016	33	1:25:15	Växiö	01.09.2015
15	1:21:03	Taicang	23.04.2016	34	1:25:16	Berlin	11.08.2018
16	1:21:45	La Coruña	28.05.2016	35	1:25:32	Poděbrady	10.04.2010
17	1:21:54	Poděbrady	12.04.2014	36	<i>(t)</i> 1:25:41	Göteborg	09.08.2015
18	1:21:55	Rio Maior	01.04.2017	37	1:25:50	Suzhou	24.09.2018
19	1:21:57	Adelaide	09.02.2020	38	1:25:54	Ciudad Juárez	12.03.2017
20	1:22:25	Växiö	28.08.2016	39	1:26:14	Alytus	17.06.2011
21	1:22:29	Sapporo	05.08.2021	40	1:26:14	Monterrey	24.02.2018
22	1:22:43	Suzhou	20.10.2019	41	1:26:20	Hobart	19.02.2011
23	1:22:44	Murcia	17.05.2015	42	1:27:00	Doha	04.10.2019
24	1:22:47	Grottamare	15.10.2017	43	1:27:14	Saransk	12.05.2012
25	1:23:07	Rio Maior	07.04.2018	44	1:28:17	Stockholm	22.07.2012
26	1:23:36	London	13.08.2017	45	1:28:20	Moskva	11.08.2013
27	1:23:43	Eskilstuna	15.09.2012	46	<i>(t)</i> 1:29:39	Glostrup	13.09.2014
28	1:23:44	Lázaro Cárdenas	20.04.2019	47	1:29:52	Poděbrady	09.04.2011
29	1:24:41	Zürich	13.08.2014				





RESULTS 50 KM.

01	3:44:35	Melbourne	17.12.2017	04	4:06:33	Eskilstuna	01.10.2016
02	3:48:54	Taicang	05.05.2018	05	4:20:42	Eskilstuna	07.10.2017
03	3:52:43	Eskilstuna	05.10.2013				

